



Sanctuary

A Resident and Staff Collaboration

Collier Group Home Resident and Family Newsletter

March 2018

Volume 4, Issue 3

Commitment to Social Responsibility in an Open Community Setting

Safety

Emotions

Loss

Future

Commitments

Nonviolence

Social Responsibility

Open Communication

Social Learning

Shared Democracy

Emotional Intelligence

Growth and Change

Collier Youth Services is a diverse community with core values, reflecting safety, compassion and respect. We honor the individual worth of each person and demonstrate sensitivity to cultural diversity, confidentiality, personal differences, and individual needs.

The Sanctuary model identifies *Social Responsibility as a commitment that highlights our community morals, emphasizes safety and encourages positive social interactions. It is important to remember that although social responsibility is focused on one's self, it is also reflected through group dynamics and group cohesiveness. At Collier Group Home, we practice our commitment to social responsibility through teaching community norms and values. We do this through group activities where the youth are given the opportunity to work together, whether it be volunteering in the community or in the home. These team building techniques provide each resident a chance to learn and growth within themselves and with one another.*



Another important aspect in the area of social responsibility is one's ability to maintain basic day to day responsibilities. Collier Group Home works with Monmouth University and Rutgers interns working towards their masters in social work. Our three wonderful interns, Kristen, Leigh and Erica come to the home and teach the youth about these daily responsibilities and assist them with these life skills. These skills include, maintaining a clean home, proper hygiene, safety in the community and respecting each others personal boundaries. Each residents independent living skills are geared towards their working treatment goals and are assessed by the resident and the treatment team on a biweekly basis to ensure growth and change.



Crowns: The Broadway Play



The show Crowns was a powerful story about a young African American teenager who experienced a tremendous amount of loss and trauma at a young age. The story depicted the journey of life and how this young woman worked through her trauma after learning about her family roots and learning about where she came from. There was a powerful message to the viewers that very much relates to our mission here at Collier, helping an individual to grow toward their potential in an environment that promotes belonging, dignity and hope.



“The play crowns made me realize what we do with our lives matters and we don’t have to pretend to be something we’re not. We don’t have control over things that happen in this world like shootings, gangs, and drugs, but we do have control over what we do and how we decide to live our lives. Crowns reminded me there are people in this world who are willing to help. It’s hard for some people to admit when help is needed but it’s important to be able to fall back on others in our lives who are here to support us. The lesson I learned from watching the play was to take the help that’s offered to you even when you might not feel you are ready to change because sooner than later you will realize a little help is all you needed to succeed.” Nonnie, 17

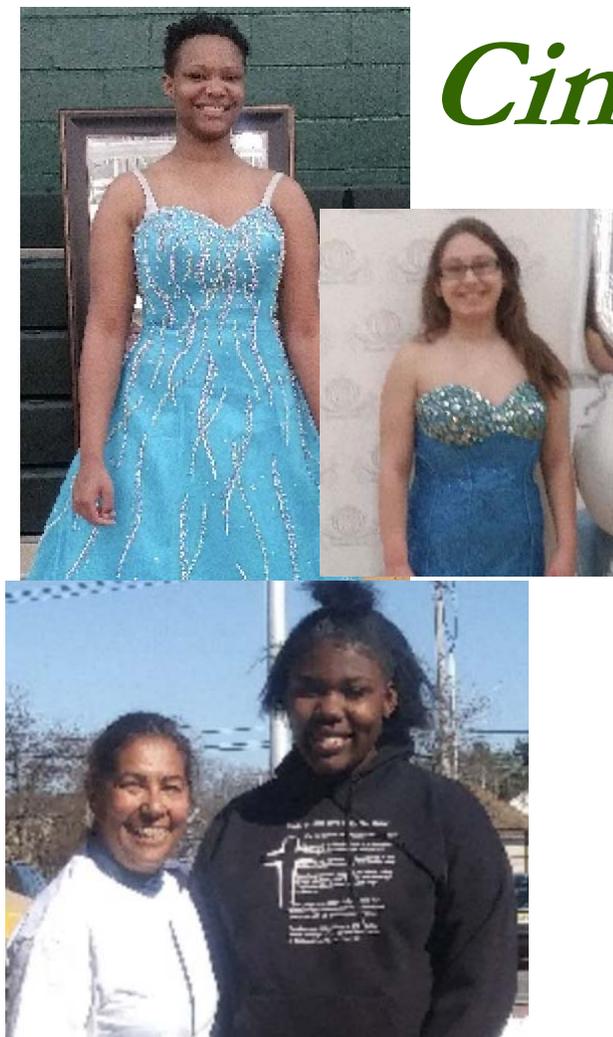


180 Presents:

Understanding Nonviolence

180 Turning Lives Around Counseling Center came and presented to both Collier residential programs on domestic violence. Discussion topics focused on awareness and understanding the red flags of domestic violence, traumatic reenactment, and what resources are available for those who are victim to domestic violence. Participants were able to learn and understand all aspects of domestic violence including physical, emotional and psychological abuse. 180 Center has been working with our residential programs for over two years now and presentations focus on all our commitments here at Collier, providing our youth a sense of empowerment, education and courage. Thank you Tina for your time and compassion for our youth.





Cinderella's Closet

Each year, the lovely young ladies at Collier are so fortunate to experience a day and the life of a true princess. Cinderella's Closet of Monmouth County is an amazing organization who, through hard work and dedication, assist young teens in preparing for prom; providing each girl with a dress, shoes and accessories to go with it! This organization promotes self-esteem among youth by assisting economically challenged students in their community. This event is so special to the girls, providing them the opportunity to attend their prom in style. The staff at Cinderella's closet work so hard to ensure that each high school student can experience the joy and excitement of attending their prom and create lasting memories.

A very special thanks to ALL Cinderella's Closet Volunteers. We are so grateful for your compassion and support!



Commitment to Social Responsibility

Congrats
Stephanie T

Each month, the youth at Collier Group Home have the chance to excel in their commitment to social responsibility by maintaining their daily household responsibilities, including respecting the property of others and maintaining their curfews and check-ins while out in the community. The winner of each month wins a gift card to a store out in the community! This gives the youth in the home recognition for upholding the commitment and the ability to develop and learn through taking responsibility in the home and the community.

